# SPECTRAL THEOREM FOR COMPACT, SELF-ADJOINT OPERATORS 

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The following theorem is known as the spectral theorem for compact, self-adjoint operators. We will give two proofs which connect as much as possible with Kreyszig's book.

Theorem 1. Let $T: H \rightarrow H$ be a compact and self-adjoint operator on a Hilbert space $H$. Then there is a finite or infinite sequence $\left\{\lambda_{n}\right\}_{n=1}^{N}$ (i.e. $N \in \mathbb{Z}^{+}$or $N=\infty$ ) of real eigenvalues $\lambda_{n} \neq 0$, and a corresponding orthonormal sequence $\left\{e_{n}\right\}_{n=1}^{N}$ in $H$ such that:

$$
\begin{aligned}
& \text { (a) } T e_{n}=\lambda_{n} e_{n}, \quad \text { for all } n \text { with } 1 \leq n \leq N ; \\
& \text { (b) } \mathcal{N}(T)=\operatorname{Span}\left(\left\{e_{n}\right\}_{n=1}^{N}\right)^{\perp} ; \\
& \text { (c) if } N=\infty \text {, then: } \lim _{n \rightarrow \infty} \lambda_{n}=0 \text {. }
\end{aligned}
$$

Note that this theorem is a generalization of the spectral theorem for self-adjoint operators in finite dimensional spaces, which you are hopefully already familiar with. [To be precise: If $H$ is finite dimensional, say $\operatorname{dim} H=m$, then since $e_{1}, e_{2}, \ldots$ is an orthonormal sequence, and hence linearly dependent, we must have $N$ finite in Theorem 1 , and in fact $N \leq m$. Also $\operatorname{dim} \mathcal{N}(T)=m-N$ by (b), and hence (if $N>m$ ) we can choose an orthonormal basis $e_{N+1}, e_{N+2}, \ldots, e_{m}$ for $\mathcal{N}(T)$; since these vectors lie in $\mathcal{N}(T)$ they are also eigenvectors of $T$, with eigenvalues 0 . Now $\left\{e_{n}\right\}_{n=1}^{m}$ is an ON basis for $H$. Hence: If $\operatorname{dim} H<\infty$ and $T$ is self-adjoint, then Theorem 1 says that $H$ has an ON basis where each basis vector is an eigenvector of $T$. This is the usual spectral theorem in finite dimension.]

Let us note in the general case that Theorem 1 gives us a very explicit formula for $T$ ! Namely, let $Y=\overline{\operatorname{Span}\left(\left\{e_{n}\right\}_{n=1}^{N}\right)}$; then $Y^{\perp}=$ $\operatorname{Span}\left(\left\{e_{n}\right\}_{n=1}^{N}\right)^{\perp}$, so that by Theorem 1 (b) and [Kreyszig, Thm. 3.3-4], we have

$$
H=Y \oplus \mathcal{N}(T)
$$

Hence every vector $v \in H$ can be uniquely written as $v=y+z$ with $y \in Y$ and $z \in \mathcal{N}(T)$. Furthermore $y \in Y=\overline{\operatorname{Span}\left(\left\{e_{n}\right\}_{n=1}^{N}\right)}$ can be
uniquely expressed as

$$
y=\sum_{n=1}^{N} \alpha_{n} e_{n} \quad \text { for some } \alpha_{n} \in K \text { with } \sum_{n=1}^{N}\left|\alpha_{n}\right|^{2}<\infty .
$$

This follows from [Kreyszig, Theorem 3.5-2] in the form which I stated in class (one uses in particular my "(d)" of that theorem, together with the fact that $\left\{e_{n}\right\}_{n=1}^{N}$ is a total orthonormal sequence in $Y$, by definition). Now $T(z)=0$ since $z \in \mathcal{N}(T)$, and $T(y)=T\left(\sum_{n=1}^{N} \alpha_{n} e_{n}\right)=$ $\sum_{n=1}^{N} \alpha_{n} T\left(e_{n}\right)=\sum_{n=1}^{N} \lambda_{n} \alpha_{n} e_{n}$ since $T$ is continuous. To summarize:

Consequence from Theorem 1. Every vector $v \in H$ can be uniquely written (recall $N \in \mathbb{Z}^{+}$or $N=\infty$ as in Theorem 1)

$$
v=\left(\sum_{n=1}^{N} \alpha_{n} e_{n}\right)+z, \quad \text { where } \alpha_{n} \in K, \sum_{n=1}^{N}\left|\alpha_{n}\right|^{2}<\infty, \quad z \in \mathcal{N}(T) \text {, }
$$

and for each such vector $v$ we have

$$
T(v)=\sum_{n=1}^{N} \lambda_{n} \alpha_{n} e_{n} .
$$

We will give two proofs of Theorem 1. The first proof is modelled on one of the standard methods of proofs in the finite dimensional case, although the details are of course more difficult in infinite dimension: Namely, one starts by finding a unit vector $x_{0} \in H$ with $\left\|T x_{0}\right\|=\|T\|$ (see Lemma 2 below); very often $x_{0}$ itself is an eigenvector of $T$, and if it is not then one can still easily construct an eigenvector from $x_{0}$ (see Lemma 3 below). Once one eigenvector has been found, one can restrict attention to the orthogonal complement of this eigenvector, and repeat the whole procedure. In the end one has found all eigenvectors.

The second proof uses the much more advanced spectral representation theorem of self-adjoint operators proved in Chapter 9, and I give it since it is satisfactory to see that Theorem 1 is indeed a special case of this, and also since it gives and opportunity to become more familiar with the language and tools used in Chapter 9. If you take the course Functional Analysis for 4p, then please ignore the second proof! (Note: the second proof is probably what the author had in mind in [Kreyszig, §9.9: Problem 6].

## First proof of Theorem 1.

Lemma 1. Let $X$ be a reflexive normed space and assume that $X^{\prime}$ is separable. Then every bounded sequence $\left(x_{n}\right)$ in $X$ has a subsequence which is weakly convergent.

Proof. Let $\left(x_{n}\right)$ be a bounded sequence in $X$. Recall that "bounded" means that there is a number $B>0$ such that $\left\|x_{n}\right\| \leq B$ for all $n$. Let $\left\{f_{1}, f_{2}, \ldots\right\}$ be a countable dense subset of $X^{\prime}$ (this exists because $X^{\prime}$ is separable). Now $\left|f_{1}\left(x_{j}\right)\right| \leq\left\|f_{1}\right\| \cdot\left\|x_{j}\right\| \leq\left\|f_{1}\right\| \cdot B$ for all $j$, i.e. $\left(f_{1}\left(x_{j}\right)\right)$ is a bounded sequence of numbers. Hence by BolzanoWeierstrass theorem there is a subsequence which converges, i.e. there is a subsequence $\left(x_{1, j}\right)$ of $\left(x_{j}\right)$ such that $\lim _{j \rightarrow \infty} f_{1}\left(x_{1, j}\right)$ exists. By the same argument we see that $\left(x_{1, j}\right)$ has a subsequence $\left(x_{2, j}\right)$ such that $\lim _{j \rightarrow \infty} f_{2}\left(x_{2, j}\right)$ exists. This argument is repeated to form sequences $\left(x_{3, j}\right),\left(x_{4, j}\right), \ldots$, which are successive subsequences of each other. Finally, we let $\left(y_{m}\right)$ be the "diagonal sequence", i.e. $y_{m}=x_{m, m}$ for all $m \geq 1$.

Now $\left(y_{m}\right)$ is a subsequence of $\left(x_{j}\right)$, and for each $n \geq 1$ the limit $\lim _{m \rightarrow \infty} f_{n}\left(y_{m}\right)$ exists. (Proof: Fix any $n \geq 1$. Then the sequence $\left(y_{n}, y_{n+1}, y_{n+2}, \ldots\right)$ is by construction a subsequence of $\left(x_{n, 1}, x_{n, 2}, x_{n, 3}, \ldots\right)$, and we know that $\lim _{j \rightarrow \infty} f_{n}\left(x_{n, j}\right)$ exists. Hence $\lim _{m \rightarrow \infty} f_{n}\left(y_{m}\right)$ exists.)

Now let $f$ be an arbitrary element in $X^{\prime}$. Let $\varepsilon>0$. Then since $\left\{f_{1}, f_{2}, \ldots\right\}$ is dense in $X^{\prime}$ there is some $n$ such that $\left\|f_{n}-f\right\|<\frac{\varepsilon}{10 B}$. Furthermore, by what we have proved, the sequence $\left\{f_{n}\left(y_{k}\right)\right\}_{k=1}^{\infty}$ is Cauchy and hence there is some $K \geq 1$ such that $\left|f_{n}\left(y_{k}\right)-f_{n}\left(y_{k^{\prime}}\right)\right|<\frac{\varepsilon}{10}$ for all $k, k^{\prime} \geq K$. Hence, for all $k, k^{\prime} \geq K$,

$$
\begin{aligned}
& \left|f\left(y_{k}\right)-f\left(y_{k^{\prime}}\right)\right|=\left|\left(f-f_{n}\right)\left(y_{k}\right)+\left(f_{n}\left(y_{k}\right)-f_{n}\left(y_{k^{\prime}}\right)\right)+\left(f_{n}-f\right)\left(y_{k^{\prime}}\right)\right| \\
& \leq\left|\left(f-f_{n}\right)\left(y_{k}\right)\right|+\left|f_{n}\left(y_{k}\right)-f_{n}\left(y_{k^{\prime}}\right)\right|+\left|\left(f_{n}-f\right)\left(y_{k^{\prime}}\right)\right| \\
& <\left\|f-f_{n}\right\| \cdot\left\|y_{k}| |+\frac{\varepsilon}{10}+\right\| f-f_{n}\|\cdot\| y_{k^{\prime}} \| \\
& \leq \frac{\varepsilon}{10 B} \cdot B+\frac{\varepsilon}{10}+\frac{\varepsilon}{10 B} \cdot B<\varepsilon .
\end{aligned}
$$

But here $\varepsilon>0$ was arbitrary; hence the sequence $\left\{f\left(y_{k}\right)\right\}_{k=1}^{\infty}$ is a Cauchy sequence, and thus $\lim _{k \rightarrow \infty} f\left(y_{k}\right)$ exists. We may now define:

$$
g(f):=\lim _{k \rightarrow \infty} f\left(y_{k}\right), \quad \text { for each } f \in X^{\prime}
$$

Then $g$ is a map $g: X^{\prime} \rightarrow K$, and it is easily checked that $g$ is linear. Furthermore, for each $f \in X^{\prime}$ we have

$$
|g(f)|=\lim _{k \rightarrow \infty}\left|f\left(y_{k}\right)\right| \leq \limsup _{k \rightarrow \infty}\|f\| \cdot\left\|y_{k}\right\| \leq B \cdot\|f\|
$$

Hence $g$ is a bounded linear functional, $g \in X^{\prime \prime}$, and $\|g\| \leq B$. Now, since $X$ is reflexive, there exists some $x \in X$ such that $g=g_{x}$, where (as in [Kreyszig, p. 239]) $g_{x}(f):=f(x), \forall f \in X^{\prime}$. Hence, for all $f \in X^{\prime}$,

$$
f(x)=g_{x}(f)=g(f)=\lim _{k \rightarrow \infty} f\left(y_{k}\right) .
$$

Hence the sequence $y_{k}$ converges weakly to $x \in X$.

Lemma 2. Let $T: H \rightarrow H$ be a compact and self-adjoint operator on a Hilbert space $H$. Let $S_{1}=S(0 ; 1)$ be the unit sphere in $H$. Then there is a vector $x_{0} \in S_{1}$ such that $\left\|T x_{0}\right\|=\|T\|$.

Proof. By the definition of $\|T\|$ as $\|T\|=\sup _{x \in S_{1}}\|T x\|$, there exists a sequence $x_{1}, x_{2}, \ldots$ in $S_{1}$ such that $\lim _{n \rightarrow \infty}\left\|T x_{n}\right\|=\|T\|$. Since $T$ is compact we may assume, after having replaced $\left\{x_{n}\right\}$ by a subsequence (and changed notation so that $\left\{x_{n}\right\}$ denotes this subsequence), that

$$
\begin{equation*}
y_{0}=\lim _{n \rightarrow \infty} T x_{n} \quad \text { exists in } H \tag{1}
\end{equation*}
$$

Let $Y=\overline{\operatorname{Span}\left\{x_{1}, x_{2}, \ldots\right\}}$. This is a closed subspace of $H$, hence a Hilbert space. $Y$ is reflexive by [Kreyszig, Thm. 4.6-6], and $Y$ is separable by construction (a dense subset in $Y$ is, e.g., $\left\{q_{1} x_{1}+q_{2} x_{2}+\ldots+q_{n} x_{n} \mid\right.$ $\left.1 \leq n<\infty, q_{j} \in \mathbb{Q}\right\}$ ). Hence Lemma 1 applies, so that there is a subsequence of $\left(x_{n}\right)$, say $\left(x_{j_{1}}, x_{j_{2}}, x_{j_{3}}, \ldots\right)$ with $1 \leq j_{1}<j_{2}<j_{3}<\ldots$, such that $x_{j_{k}}$ converge weakly in $Y$ to some point $x_{0} \in Y$. Now, for each $z \in Y$,

$$
\begin{equation*}
\left\langle T x_{0}, z\right\rangle=\left\langle x_{0}, T z\right\rangle=\lim _{k \rightarrow \infty}\left\langle x_{j_{k}}, T z\right\rangle=\lim _{k \rightarrow \infty}\left\langle T x_{j_{k}}, z\right\rangle=\left\langle y_{0}, z\right\rangle \tag{2}
\end{equation*}
$$

Here the second equality holds since $x_{j_{k}}$ converge weakly to $x_{0}$ (for we know that $x \mapsto\langle x, T z\rangle$ is a bounded linear functional on $Y$ ), and the last equality holds because we know from (1) that $\lim _{k \rightarrow \infty} T x_{j_{k}}=y_{0}$ exists, and $\langle\cdot, \cdot\rangle$ is continuous ([Kreyszig, Lemma 3.2-2]). Since (2) holds for all $z \in Y$, we conclude $T x_{0}=y_{0}$. Hence

$$
\left\|T x_{0}\right\|=\left\|y_{0}\right\|=\left\|\lim _{k \rightarrow \infty} T\left(x_{n}\right)\right\|=\lim _{k \rightarrow \infty}\left\|T\left(x_{n}\right)\right\|=\|T\|
$$

Also note that since $x_{j_{k}}$ converge weakly to $x_{0}$ we have $\left\langle x_{0}, x_{0}\right\rangle=$ $\lim _{k \rightarrow \infty}\left\langle x_{j_{k}}, x_{0}\right\rangle$, and $\left|\left\langle x_{j_{k}}, x_{0}\right\rangle\right| \leq\left\|x_{j_{k}}\right\| \cdot\left\|x_{0}\right\|=1$ for all $k$, hence $\left\|x_{0}\right\| \leq 1$. We cannot have $\left\|x_{0}\right\|<1$, since then $\left\|T x_{0}\right\| \leq\|T\| \cdot\left\|x_{0}\right\|<$ $\|T\|$, contrary to what we have seen above. Hence $\left\|x_{0}\right\|=1$, i.e. $x_{0} \in S_{1}$. This shows that $x_{0}$ has all the required properties.

Lemma 3. Let notation be as in Lemma 2. Then $T$ has an eigenvector with eigenvalue $\|T\|$ or $-\|T\|$.

Proof. We write $\lambda=\|T\|$. We may assume $\lambda>0$, for if $\|T\|=$ $\lambda=0$ then $T=0$ and we can choose any vector $y \in H-\{0\}$ as eigenvector.

By Lemma 2 there is a point $x_{0} \in S_{1}$ such that $\left\|T x_{0}\right\|=\lambda$. Since $T$ is self-adjoint we have

$$
\begin{equation*}
\left\langle T^{2} x_{0}, x_{0}\right\rangle=\left\langle T x_{0}, T x_{0}\right\rangle=\left\|T x_{0}\right\|^{2}=\lambda^{2} \tag{3}
\end{equation*}
$$

On the other hand, by Schwarz inequality we have

$$
\begin{equation*}
\left|\left\langle T^{2} x_{0}, x_{0}\right\rangle\right| \leq\left\|T^{2} x_{0}\right\| \cdot\left\|x_{0}\right\| \leq\left\|T^{2}\right\| \cdot 1 \leq\|T\|^{2}=\lambda^{2} \tag{4}
\end{equation*}
$$

Because of (3), we must have equalities throughout in (4). In particular we have equality in Schwarz inequality $\left|\left\langle T^{2} x_{0}, x_{0}\right\rangle\right| \leq\left\|T^{2} x_{0}\right\| \cdot\left\|x_{0}\right\|$, and hence by [Kreyszig, Lemma 3.2-1(a)], $x_{0}$ and $T^{2} x_{0}$ are linearly independent; since $x_{0} \neq 0$ this implies $T^{2} x_{0}=\alpha x_{0}$ for some $\alpha \in K$. Plugging this into (3) we get $\alpha=\lambda^{2}$, i.e. $T^{2} x_{0}=\lambda^{2} x_{0}$. Using this we compute:

$$
T\left(\lambda x_{0}+T x_{0}\right)=\lambda\left(\lambda x_{0}+T x_{0}\right) ; \quad T\left(\lambda x_{0}-T x_{0}\right)=-\lambda\left(\lambda x_{0}-T x_{0}\right) .
$$

This means that if $\lambda x_{0}+T x_{0} \neq 0$ then $\lambda x_{0}+T x_{0}$ is an eigenvector of $T$ with eigenvalue $\lambda$, and if $\lambda x_{0}-T x_{0} \neq 0$ then $\lambda x_{0}-T x_{0}$ is an eigenvector of $T$ with eigenvalue $-\lambda$. But the sum of these two vectors is $2 \lambda x_{0} \neq 0$, hence at least one of the vectors must be non-zero. Hence there is an eigenvector with eigenvalue $\lambda$ or an eigenvector with eigenvalue $-\lambda$.

Lemma 4. Let $T: H \rightarrow H$ be a bounded self-adjoint operator on a Hilbert space $H$, and let $Y \subset H$ be a subspace such that $T(Y) \subset Y$. Then $T\left(Y^{\perp}\right) \subset Y^{\perp}$, and $T_{\mid Y^{\perp}}: Y^{\perp} \rightarrow Y^{\perp}$ is a bounded self-adjoint linear operator on the Hilbert space $Y^{\perp}$, with norm $\left\|T_{\mid Y^{\perp}}\right\| \leq\|T\|$.

Proof. Take $z \in Y^{\perp}$. For each $y \in Y$ :

$$
\langle T z, y\rangle=\langle z, T y\rangle=0,
$$

since $T y \in T(Y) \subset Y$ and $z \in Y^{\perp}$. It follows that $T z \in Y^{\perp}$. Hence we have proved $T\left(Y^{\perp}\right) \subset Y^{\perp}$. The remaining statements are obvious.

Proof of Theorem 1. If $T=0$ then the theorem is trivial; we simply choose $N=0$ so that $\left\{\lambda_{n}\right\}_{n=1}^{N}$ and $\left\{e_{n}\right\}_{n=1}^{N}$ are empty sequences.

Now assume $T \neq 0$. Then by Lemma 3 there is an eigenvector $e_{1}$ with eigenvalue $\lambda_{1}=\|T\|$ or $\lambda_{1}=-\|T\|$. Since $T \neq 0$ we have $\lambda_{1} \neq 0$. After scaling we may assume $\left\|e_{1}\right\|=1$. Let $H_{1}=\operatorname{Span}\left\{e_{1}\right\}^{\perp}$. Then by Lemma 4 (for $Y=\operatorname{Span}\left\{e_{1}\right\}$ ), the restriction $T_{H_{1}}$ is a self-adjoint operator $T_{\mid H_{1}}: H_{1} \rightarrow H_{1}$, and its norm is $\left\|T_{H_{1}}\right\| \leq\|T\|=\lambda_{1}$.

If $T_{\mid H_{1}}=0$ then we stop here. If not, then we repeat the above application of Lemma 3 over and over: The above was step 1. In
general, after step $n-1$ we have found an orthonormal sequence of eigenvectors $e_{1}, e_{2}, \ldots, e_{n-1}$ in $H$ with corresponding real eigenvalues $\lambda_{1}, \lambda_{2}, \ldots, \lambda_{n-1}$, such that $\left|\lambda_{1}\right| \geq\left|\lambda_{2}\right| \geq \ldots \geq\left|\lambda_{n-1}\right|>0$ and such that if $H_{n-1}=\operatorname{Span}\left\{e_{1}, \ldots, e_{n-1}\right\}^{\perp}$ then $T_{H_{n-1}}$ is a self-adjoint operator $T_{\mid H_{n-1}}: H_{n-1} \rightarrow H_{n-1}$ of norm $\left\|T_{\mid H_{n-1}}\right\| \leq\left|\lambda_{n-1}\right|$. If $T_{\mid H_{n-1}}=0$ then we stop after this step. Otherwise, if $T_{\mid H_{n-1}} \neq 0$, then we continue to step $n$, which consists in applying Lemma 3 to the operator $T_{\mid H_{n-1}}$ : $H_{n-1} \rightarrow H_{n-1}$; we thus find an eigenvector $e_{n} \in H_{n-1}$ with eigenvalue $\lambda_{n}=\left\|T_{\mid H_{n-1}}\right\|$ or $\lambda_{n}=-\left\|T_{H_{n-1}}\right\|$. By our assumptions we then have $0<\left|\lambda_{n}\right| \leq\left|\lambda_{n-1}\right|$. After scaling we may also assume $\left\|e_{n}\right\|=1$. Since $e_{n} \in H_{n-1}=\operatorname{Span}\left\{e_{1}, \ldots, e_{n-1}\right\}^{\perp}$ we also have $\left\langle e_{n}, e_{k}\right\rangle=0$ for $k=$ $1,2, \ldots, n-1$. Hence $e_{1}, e_{2}, \ldots, e_{n}$ is an orthonormal sequence. Let $H_{n}=$ $\operatorname{Span}\left\{e_{1}, \ldots, e_{n}\right\}^{\perp}$. Then by Lemma 4 (for $Y=\operatorname{Span}\left\{e_{1}, \ldots, e_{n}\right\}$ ), the restriction $T_{\mid H_{n}}$ is a self-adjoint operator $T_{\mid H_{n}}: H_{n} \rightarrow H_{n}$. Since $H_{n}=$ $\operatorname{Span}\left\{e_{1}, \ldots, e_{n}\right\}^{\perp} \subset \operatorname{Span}\left\{e_{1}, \ldots, e_{n-1}\right\}^{\perp}=H_{n-1}$ (see [Kreyszig, p. 150 exercise $7(\mathrm{~b})]$ ), we have $\left\|T_{\mid H_{n}}\right\| \leq\left\|T_{H_{n-1}}\right\|=\left|\lambda_{n}\right|$. Hence we are in the same situation as after step $n-1$, and the process can be repeated.

If the above process stops after step $N$ we have $T_{\mid H_{N}}=0$; hence $\operatorname{Span}\left(\left\{e_{n}\right\}_{n=1}^{N}\right)^{\perp}=H_{N} \subset \mathcal{N}(T)$. On the other hand, if $x \in \mathcal{N}(T)$ then for each $n$,

$$
\begin{equation*}
\lambda_{n}\left\langle e_{n}, x\right\rangle=\left\langle T e_{n}, x\right\rangle=\left\langle e_{n}, T x\right\rangle=\left\langle e_{n}, 0\right\rangle=0 \tag{5}
\end{equation*}
$$

and hence $x \perp e_{n}$, since $\lambda_{n} \neq 0$. Hence $x \perp \operatorname{Span}\left(\left\{e_{n}\right\}_{n=1}^{N}\right)^{\perp}$. This proves that $\mathcal{N}(T)=\operatorname{Span}\left(\left\{e_{n}\right\}_{n=1}^{N}\right)^{\perp}$, and hence Theorem 1 holds in this case.

Now assume that the process never stops. We then obtain an infinite sequence $\left\{\lambda_{n}\right\}_{n=1}^{\infty}$ of real non-zero eigenvalues with $\left|\lambda_{1}\right| \geq\left|\lambda_{2}\right| \geq \ldots$, and a corresponding orthonormal sequence $\left\{e_{n}\right\}_{n=1}^{\infty}$ of eigenvectors (i.e. $T e_{n}=\lambda_{n} e_{n}$ for all $n \geq 1$ ). It now remains to prove that (b) and (c) hold in Theorem 1. Since $T$ is compact and $\left\{e_{n}\right\}_{n=1}^{\infty}$ is a bounded sequence in $H$, [Kreyszig, Thm. 8.1-3] says that there is a subsequence $1 \leq n_{1}<n_{2}<\ldots$ such that $\left(T e_{n_{j}}\right)$ converges in $H$ as $j \rightarrow \infty$. Since every convergent sequence is Cauchy we have

$$
\begin{equation*}
\left\|T e_{n_{j}}-T e_{n_{j}^{\prime}}\right\| \rightarrow 0 \quad \text { as } j, j^{\prime} \rightarrow \infty \tag{6}
\end{equation*}
$$

But $T e_{n_{j}}=\lambda_{n_{j}} e_{n_{j}}$, and these vectors are mutually orthogonal for distinct $j$ 's. Hence by Pythagoras' formula we have for all $j<j^{\prime}$,

$$
\begin{equation*}
\left\|T e_{n_{j}}-T e_{n_{j}^{\prime}}\right\|^{2}=\left\|\lambda_{n_{j}} e_{n_{j}}\right\|^{2}+\left\|\lambda_{n_{j^{\prime}}} e_{n_{j^{\prime}}}\right\|^{2}=\left|\lambda_{n_{j}}\right|^{2}+\left|\lambda_{n_{j^{\prime}}}\right|^{2} \tag{7}
\end{equation*}
$$

Together, (6) and (7) imply that $\lim _{j \rightarrow \infty}\left|\lambda_{n_{j}}\right|^{2}=0$. Hence, since $\left|\lambda_{1}\right| \geq$ $\left|\lambda_{2}\right| \geq \ldots$, the full sequence $\left(\lambda_{n}\right)$ converges to 0 , i.e. (c) holds.

To prove (b), first note that if $x \in \mathcal{N}(T)$ then $x \perp e_{n}$ for each $n$, using (5) and $\lambda_{n} \neq 0$. Hence $\mathcal{N}(T) \subset \operatorname{Span}\left(\left\{e_{n}\right\}_{n=1}^{\infty}\right)^{\perp}$. Conversely, assume $x \in \operatorname{Span}\left(\left\{e_{n}\right\}_{n=1}^{\infty}\right)^{\perp}$. Then $x \in H_{n}$ for all $n$, and since $\| T_{\mid H_{n}}| | \leq\left|\lambda_{n}\right|$ we have $\| T x| | \leq\left|\lambda_{n}\right| \cdot| | x| |$. This is true for all $n$, and $\lim _{n \rightarrow \infty} \lambda_{n}=0$, hence $\|T x\|=0$, i.e. $x \in \mathcal{N}(T)$. Hence $\mathcal{N}(T) \supset \operatorname{Span}\left(\left\{e_{n}\right\}_{n=1}^{\infty}\right)^{\perp}$, and thus $\mathcal{N}(T)=\operatorname{Span}\left(\left\{e_{n}\right\}_{n=1}^{\infty}\right)^{\perp}$. Now (b) is completely proved.

## Second proof of Theorem 1

Let us restrict to the case $K=\mathbb{C}$, since Kreyszig only works with this case in his Chapter 9.

Let $T: H \rightarrow H$ be as in Theorem 1, i.e. $T$ is a compact and selfadjoint operator. Since $T$ is compact it is bounded, and hence the Spectral Theorem [Kreyszig, Thm. 9.9-1] applies to $T$, i.e. if $\left(E_{\lambda}\right)$ is the spectral family associated with $T$ then

$$
T=\int_{m-0}^{M} \lambda d E_{\lambda}
$$

Here

$$
m=\inf _{\|x\|=1}\langle T x, x\rangle, \quad M=\inf _{\|x\|=1}\langle T x, x\rangle,
$$

and we know that $\left(E_{\lambda}\right)$ is a spectral family on the interval $[m, M] \subset \mathbb{R}$.
For convenience we fix some arbitrary real numbers $A<0<B$ such that $A<m$ and $M<B$; then

$$
T=\int_{A}^{B} \lambda d E_{\lambda}
$$

Let us write $Y_{\lambda}=E_{\lambda}(H)$; this is a closed subspace of $H$, and $E_{\lambda}$ is the projection of $H$ onto $Y_{\lambda}$

Let us assume that there is some $\lambda_{0}>0$ such that $\operatorname{dim} Y_{\lambda_{0}}^{\perp}=\infty$. (We will show that this leads to a contradiction.) We have $E_{\lambda} E_{\lambda_{0}}=E_{\lambda}$ for all $\lambda \leq \lambda_{0}$ and $E_{\lambda} E_{\lambda_{0}}=E_{\lambda_{0}}$ for all $\lambda \geq \lambda_{0}$ (see [Kreyszig, Thm. 9.61]); hence $T E_{\lambda_{0}}=\left(\int_{A}^{B} \lambda d E_{\lambda}\right) E_{\lambda_{0}}=\int_{A}^{\lambda_{0}} \lambda d E_{\lambda}$ (since the corresponding identity holds for each approximating Riemann sum) and thus
$T\left(I-E_{\lambda_{0}}\right)=\int_{\lambda_{0}}^{B} \lambda d E_{\lambda} \geqq \int_{\lambda_{0}}^{B} \lambda_{0} d E_{\lambda}=\lambda_{0}\left(E_{B}-E_{\lambda_{0}}\right)=\lambda_{0}\left(I-E_{\lambda_{0}}\right)$.
(The $\geqq$-relation holds because it is clearly true for each approximating Riemann sum.) But note that ( $I-E_{\lambda_{0}}$ ) is projection of $H$ onto $Y_{\lambda_{0}}^{\perp}$, hence for each vector $y \in Y_{\lambda_{0}}^{\perp}$ we have $\left(I-E_{\lambda_{0}}\right)(y)=y$ and thus, by the definition of " $\geqq$ " ([Kreyszig, p. 470(1)]), $\langle T y, y\rangle \geq\left\langle\lambda_{0} y, y\right\rangle=\lambda_{0}\|y\|^{2}$.

Combining this with Schwarz' inequality, $\|T y\| \cdot\|y\| \geq\langle T y, y\rangle$, we have proved

$$
\begin{equation*}
\|T y\| \geq \lambda_{0}\|y\|, \quad \forall y \in Y_{\lambda_{0}}^{\perp} \tag{8}
\end{equation*}
$$

But $\operatorname{dim} Y_{\lambda_{0}}^{\perp}=\infty$; hence there is an infinite orthonormal sequence $e_{1}, e_{2}, \ldots$ in $Y_{\lambda_{0}}^{\perp}$, and from (8) we get, for all $j \neq i$,

$$
\left\|T e_{j}-T e_{i}\right\| \geq \lambda_{0}\left\|e_{j}-e_{i}\right\|=\sqrt{2} \cdot \lambda_{0}
$$

This shows that there can not exist any subsequence $j_{1}<j_{2}<\ldots$ such that $\left(T e_{j_{\ell}}\right)$ is Cauchy. But $\left(e_{j}\right)$ is a bounded sequence in $H$, hence this contradicts the fact that $T$ is compact (see [Kreyszig, Thm. 8.1-3]).

This contradiction shows that we must discard our assumption that $\operatorname{dim} Y_{\lambda_{0}}^{\perp}=\infty$. Hence we have proved that $\operatorname{dim} Y_{\lambda_{0}}^{\perp}$ is finite for each $\lambda_{0}>0$.

Hence $d(\lambda)=\operatorname{dim} Y_{\lambda}^{\perp}$ is a function from $\mathbb{R}^{+}$to $\mathbb{Z}_{\geq 0}$, the set of nonnegative integers. Since $d(\lambda)$ is decreasing and right continuous (by the definition of spectral family), we see that for each $n \in \mathbb{Z}_{\geq 0}$ the set $\{\lambda>0 \mid d(\lambda)=n\}$ is either empty or an interval of the form $\mathbb{R}^{+} \cap\left[\mu, \mu^{\prime}\right)$. It follows that there is an infinite sequence $B=\mu_{1}>\mu_{2}>\ldots$ of positive numbers such that $d(\lambda)$ is constant on each interval $\left[\mu_{j}, \mu_{j-1}\right)$, and $\lim _{j \rightarrow \infty} \mu_{j}=0$. (Note that we do not require $d(\lambda)$ to have a jump discontinuity at each point $\mu_{j}$; the reason for this is that we want to have a notation which works also if $\lim _{\lambda \rightarrow 0+} d(\lambda)$ is finite: In this case we may choose $B=\mu_{1}>\mu_{2}>\ldots>\mu_{M}>0$ so that $d(\lambda)$ is constant on $\left(0, \mu_{M}\right)$ and on each $\left[\mu_{j}, \mu_{j-1}\right)$; then add extra "dummy" points tending to 0 , say $\mu_{M+j}=2^{-\jmath} \mu_{M}$ for $j=1,2,3, \ldots$ )

It now follows easily from the definition of the "spectral RiemannStieltjes integral" that:
(9) $\int_{0}^{B} \lambda d E_{\lambda}=\sum_{j=1}^{\infty} \mu_{j}\left(E_{\mu_{j}}-E_{\mu_{j+1}}\right) \quad$ (convergence in $B(H, H)$ ).
[Detailed proof: Let $P_{n}$ be the partition of $[0, B]$ which is obtained by splitting at the points $0<\mu_{n}<\mu_{n-1}<\ldots<\mu_{1}=B$ and then, for each $2 \leq j \leq n$, subdividing the interval $\left(\mu_{j}, \mu_{j-1}\right)$ into $n$ equal parts. Then by construction $\eta\left(P_{n}\right) \rightarrow 0$ as $n \rightarrow \infty$, and hence $\lim _{n \rightarrow \infty} s\left(P_{n}\right)=$ $\int_{0}^{B} \lambda d E_{\lambda}$. But $d(\lambda)$ is constant on each interval $\left[\mu_{j}, \mu_{j-1}\right)$ and hence so is $E_{\lambda}$. Hence the contribution from the interval $\left[\mu_{j}, \mu_{j-1}\right)$ to $s\left(P_{n}\right)$ equals $\mu_{j}\left(E_{\mu_{j}}-E_{\mu_{j+1}}\right)$, regardless of the subdivision of this interval. Thus $s\left(P_{n}\right)=\mu_{n}\left(E_{\mu_{n}}-E_{0}\right)+\sum_{j=1}^{n-1} \mu_{j}\left(E_{\mu_{j}}-E_{\mu_{j+1}}\right)$. But $E_{\mu_{n}}-E_{0}$ is
a projection and hence of norm $\leq 1$, so that
$\left\|s\left(P_{n}\right)-\sum_{j=1}^{n-1} \mu_{j}\left(E_{\mu_{j}}-E_{\mu_{j+1}}\right)\right\|=\left\|\mu_{n}\left(E_{\mu_{n}}-E_{0}\right)\right\| \leq \mu_{n} \rightarrow 0 \quad$ as $n \rightarrow \infty$.
From this fact together with $\lim _{n \rightarrow \infty} s\left(P_{n}\right)=\int_{0}^{B} \lambda d E_{\lambda}$ it follows that $\lim _{n \rightarrow \infty} \sum_{j=1}^{n-1} \mu_{j}\left(E_{\mu_{j}}-E_{\mu_{j+1}}\right)=\int_{0}^{B} \lambda d E_{\lambda}$, i.e. (9) holds.]

Now for each $j \geq 1, E_{\mu_{j}}-E_{\mu_{j+1}}$ is the projection of $H$ onto $Z_{j}:=$ $Y_{\mu_{j}} \ominus Y_{\mu_{j+1}}$, the orthogonal complement of $Y_{\mu_{j+1}}$ in $Y_{\mu_{j}}$ (see [Kreyszig, Thm. 9.6-2(b)]). Note that $Z_{j}=Y_{\mu_{j+1}}^{\perp} \ominus Y_{\mu_{j}}^{\perp}$ and hence $Z_{j}$ has finite dimension, $\operatorname{dim} Z_{j}=d\left(\mu_{j+1}\right)-d\left(\mu_{j}\right)$ (this may be 0 ). The spaces $Z_{1}, Z_{2}, \ldots$ are mutually orthogonal, for if $1 \leq j<i$ then $\mu_{j+1} \geq \mu_{i}$ and $Z_{i} \subset Y_{\mu_{i}} \subset Y_{\mu_{j+1}}$, and $Y_{\mu_{j+1}}$ is orthogonal to $Z_{j}$ by definition. Hence if we choose an ON basis $e_{1}, \ldots, e_{d_{1}}$ in $Z_{1}$, and then choose an ON basis $e_{d_{1}+1}, \ldots, e_{d_{1}+d_{2}}$ in $Z_{2}$, etc., we obtain an orthonormal sequence $e_{1}, e_{2}, \ldots$ in $H$. This sequence may be finite or infinite. Since $E_{\mu_{j}}-E_{\mu_{j+1}}$ is projection onto $Z_{j}$ we have $\left(E_{\mu_{j}}-E_{\mu_{j+1}}\right)(x)=\sum_{e_{k} \in Z_{j}}\left\langle x, e_{k}\right\rangle e_{k}$, for each $j$. Hence, if we define $\lambda_{k}:=\mu_{j}$ for each $e_{k} \in Z_{j}$, it follows from (9) that

$$
\begin{equation*}
\left(\int_{0}^{B} \lambda d E_{\lambda}\right)(x)=\sum_{k} \lambda_{k}\left\langle x, e_{k}\right\rangle e_{k}, \quad \forall x \in H . \tag{10}
\end{equation*}
$$

Note that by our construction we have $\lambda_{1} \geq \lambda_{2} \geq \ldots$, all these numbers are positive, and if this sequence is infinite then $\lim _{k \rightarrow \infty} \lambda_{k}=0$. Note also $Z_{j} \subset Y_{0}^{\perp}$ for each $j$, since $Z_{j} \perp Y_{\mu_{j+1}}$ and $Y_{0} \subset Y_{\mu_{j+1}}$.

Negative $\lambda$ can be treated in a very similar way, and we will just give an outline: To start, let $\lambda_{0}<0$ be arbitrary. One notes $T E_{\lambda_{0}} \leqq$ $\int_{A}^{\lambda_{0}} \lambda_{0} d E_{\lambda}=\lambda_{0} E_{\lambda_{0}}$, and hence $\langle T y, y\rangle \leq \lambda_{0}\|y\|^{2}<0$ for all $y \in Y_{\lambda_{0}}$; by Schwarz' inequality this leads to

$$
\|T y\| \geq\left|\lambda_{0}\right| \cdot\|y\|, \forall y \in Y_{y_{0}} .
$$

Using this one proves by a similar argument as before that $\operatorname{dim} Y_{\lambda_{0}}<$ $\infty$. (Note: now this is for $Y_{\lambda_{0}}$, not $Y_{\lambda_{0}}^{\perp}$ !) Using this one can see that there is an infinite sequence $A=\nu_{1}<\nu_{2}<\ldots$ of negative numbers such that $\operatorname{dim} Y_{\lambda}$ is constant on each interval $\left[\nu_{j}, \nu_{j+1}\right)$, and $\lim _{j \rightarrow \infty} \nu_{j}=0$. It follows that

$$
\begin{equation*}
\left.\int_{A}^{0} \lambda d E_{\lambda}=\sum_{j=2}^{\infty} \nu_{j}\left(E_{\nu_{j}}-E_{\nu_{j-1}}\right) \quad \text { (convergence in } B(H, H)\right) . \tag{11}
\end{equation*}
$$

This formula implies that there is an orthonormal (finite or infinite) sequence $f_{1}, f_{2}, \ldots$ in $Y_{0}$ and corresponding negative numbers $\lambda_{1}^{\prime} \leq \lambda_{2}^{\prime} \leq$
$\ldots$, with $\lim _{k \rightarrow \infty} \lambda_{k}^{\prime}=0$ if the sequence is infinite, such that

$$
\begin{equation*}
\left(\int_{A}^{0} \lambda d E_{\lambda}\right)(x)=\sum_{k} \lambda_{k}^{\prime}\left\langle x, f_{k}\right\rangle f_{k}, \quad \forall x \in H \tag{12}
\end{equation*}
$$

Together (10) and (12) give, for all $x \in H$,

$$
\begin{equation*}
T x=\left(\int_{A}^{B} \lambda d E_{\lambda}\right)(x)=\sum_{k} \lambda_{k}\left\langle x, e_{k}\right\rangle e_{k}+\sum_{k} \lambda_{k}^{\prime}\left\langle x, f_{k}\right\rangle f_{k} . \tag{13}
\end{equation*}
$$

Note here that $e_{k} \perp f_{k^{\prime}}$ for all $k, k^{\prime}$, since $e_{k} \in Y_{0}^{\perp}$ and $f_{k^{\prime}} \in Y_{0}$. Hence any merging of the sequences $\left(e_{k}\right)$ and $\left(f_{k}\right)$ is a new orthonormal sequence. It now follows immediately from (13) that $T e_{k}=\lambda_{k} e_{k}$ for all $e_{k}$, and $T e_{k}=\lambda_{k}^{\prime} f_{k}$ for all $f_{k}$. We also see from (13) that $T x=0$ if and only if $\left\langle x, e_{k}\right\rangle=0$ and $\left\langle x, f_{k}\right\rangle=0$ for all $e_{k}, f_{k}$, that is,

$$
\mathcal{N}(t)=\operatorname{Span}\left(\left\{e_{k}\right\} \cup\left\{f_{k}\right\}\right)^{\perp}
$$

We now see that all claims in Theorem 1 are fulfilled, except that we have slightly different notation: To obtain the notation in Theorem 1 we may simply form the "merged" sequence $e_{1}, f_{1}, e_{2}, f_{2}, \ldots$ (appropriately modified if one or both of $\left\{e_{k}\right\}$ and $\left\{f_{k}\right\}$ are finite), and the corresponding sequence of eigenvalues.

## Problems

1. Let $A: H \rightarrow H$ be a compact, self-adjoint operator. Assume that $A$ is positive, i.e. $\langle A x, x\rangle \geq 0$ for all $x \in H$. Let $n \geq 2$. Prove that there exists a bounded operator $B: H \rightarrow H$ such that $B^{n}=A$.
2. Prove that the compactness assumption is necessary in Lemma 2: In precise terms, construct an example of a bounded self-adjoint operator $T: H \rightarrow H$ such that $\left\|T x_{0}\right\|<\|T\|$ for all unit vectors $x_{0}$.

## References

[Kreyszig] E. Kreyszig, Introductory Functional Analysis with Applications, John Wiley \& Sons, 1989.

